

# Corry Area School District

## 21 day Elementary Breakfast In The Classroom Menu

1	Benefit Breakfast Bar	2	Banana Bread Slice	3	Mini Cinni's	4	Cherry Frudel	5	Yogurt with Jungle Crackers	6	Strawberry Cream Cheese Filled Bagel	7	Apple Roll
8	Goody Donut Ring	9	Yogurt with Jungle Crackers	10	Benefit Breakfast Bar	11	Zucchini Bread	12	Mini Pancakes	13	Blueberry Muffin with Jungle Crackers	14	Yogurt with Jungle Crackers
15	Benefit Breakfast Bar	16	Cherry Frudel	17	Mini Cinni's	18	Goody Ring Donut	19	Yogurt with Jungle Crackers	20	Banana Bread Slice	21	Benefit Breakfast Bar

Daily milk choices include 1% white, Skim, 1% and Fat Free Flavored

**Breakfast also includes 4 ounces of 100% juice, 1/2 cup fruit (fresh, canned, dried) and 1/2 pint milk**

# Corry Area School District

## 21 day Elementary Lunch Menu

1	Chicken Nuggets with WG Bread Slice Romaine Salad 1/2 cup mandarin oranges 1/2 pint milk	2	Hot Dog on Bun Baked Beans 1/2 cup diced peaches 1/2 Pint Milk	3	Hot Turkey & Cheese on Hoagie Bun Sliced carrots One banana 1/2 pint milk  Cookie	4	Chicken Patty on Bun Green Beans 1/2 cup applesauce 1/2 pint milk	5	Cheeseburger on Bun Cherry Tomatoes 1/2 cup pears-diced 1/2 pint milk	6	Breaded Fish Square On Bun French Fries One apple 1/2 pint milk	7	Cheese Pizza Broccoli 1/2 cup pineapple 1/2 pint milk		
8	Mini Corn Dogs w/ WG Bread Slice Refried Beans One orange 1/2 pint milk	9	Italina Dunkers w/ marinara Sliced Carrots 1/2 cup sliced peaches 1/2 pint milk	10	Roast Turkey Slices With Gravy WG Bread Slice whipped potatoes 1/2 cup sliced apples 1/2 pint milk  Apple Crisp	11	BBQ Rib Patty on Hoagie Bun Tossed Salad 1 Banana 1/2 Pint Milk	12	Chicken and Cheese Wrap Broccoli 1/2 Cup Canned Pears 1/2 Pint Milk	13	Macaroni and Cheese Bread Slice Peas One apple 1/2 pint milk	14	Buffalo Chicken Sandwich Stewed tomatoes 1/2 cup mixed fruit 1/2 pint milk		
15	Popcorn Chicken Bowl w/ WG Bread Slice Whipped Potatoes 1/2 cup peaches-sliced 1/2 pint milk	16	Sloppy Joe on Bun Romaine Salad 1/2 cup mandarin oranges 1/2 pint milk	17	Chicken Strips with dip WG Bread Slice Bean Salad 1/2 cup applesauce 1/2 pint milk	181	Grilled Cheese Sandwich 3/4 cup tomato soup diced carrots 1/2 cup Diced Pears 1/2 pint milk  Pudding	19	Walking Taco's with Beef and Cheese Refried Beans One Banana 1/2 pint milk	20	Meatball Hoagie w/ cheese Mixed Vegetables One Apple 1/2 pint milk	21	Grilled Chicken Patty on Bun Tator Tots 1/2 cup pineapple tidbits 1/2 pint milk		

Additional items offered daily may include: Cheeseburger /Hamburger on a Bun, assorted deli sandwiches, chicken nuggets, munchables, assorted specialty salads, pizza, sunbutter and jelly sandwich  
Additional assorted fresh and canned fruits offered daily.  
Carrots, celery, romaine salads, bean salad and other fresh, assorted vegetables offered daily— **Students may take 2 servings of vegetables**

Daily milk choices include 1% White, Skim, 1% and Fat Free Flavored

# Corry Area School District

## 21 day Middle/High Breakfast Menu

1	Egg and Cheese on Muffin 4 oz. 100% Juice 1/2 cup Fruit 1/2 pint milk	2	Cereal & Jungle Crackers 4 oz. 100% Juice 1/2 cup Fruit 1/2 Pint Milk	3	Mini Pancakes 4 oz. 100% Juice 1/2 cup Fruit 1/2 pint milk	4	Yogurt & Jungle Crackers 4oz 100% Juice 1/2 cup Fruit 1/2 Pint Milk	5	Cheese Omelet 4 oz. j 100% juice 1/2 cup Fruit 1/2 Pint Milk	6	Blueberry Muffin Jungle crackers 4 oz. 100% Juice 1/2 cup Fruit 1/2 pint milk	7	Benefit Breakfast Bar 4 oz. 100% Juice 1/2 cup Fruit 1/2 Pint Milk
8	Goody Ring 4 oz. 100% Juice 1/2 cup Fruit 1/2 pint milk	9	Sausage & Cheese Muffin 4 oz. 100% Juice 1/2 cup Fruit 1/2 Pint Milk	10	Mini Cinni's 4 oz. 100% Juice 1/2 cup Fruit 1/2 Pint Milk	11	Cherry Frudel 4 oz. 100% Juice 1/2 cup Fruit 1/2 pint milk	12	Yogurt and Jungle crackers 4 oz. 100% Juice 1/2 cup Fruit 1/2 pint milk	13	Benefit Breakfast Bar 4 oz. 100% Juice 1/2 cup Fruit 1/2 Pint Milk	14	Bagelfuls 4 oz. 100% Juice 1/2 cup Fruit 1/2 Pint Milk
15	Banana Bread Slice 4 oz. 100% Juice 1/2 cup Fruit 1/2 Pint Milk	16	Chocolate Muffin 4 oz. 100% Juice 1/2 cup Fruit 1/2 Pint Milk	17	Yogurt Jungle Crackers 4 oz. 100% Juice 1/2 cup Fruit 1/2 Pint Milk	18	Cinnamon Roll 4 oz. 100% Juice 1/2 cup Fruit 1/2 pint milk	19	Cheese Omelet 4 oz. 100% Juice 1/2 cup Fruit 1/2 Pint Milk	20	Egg and Cheese Muffin 4 oz. 100% Juice 1/2 cup Fruit 1/2 Pint Milk	21	Zucchini Bread Slice 4 oz. 100% Juice 1/2 cup Fruit 1/2 pint milk

Other daily choice may include: assorted breakfast sandwiches, cereal bars, assorted cereal, muffins, donuts, pb&j bars, yogurt, assorted bagels, english muffins, cinnamon bun, benefit bars, breads, fruit smoothies

Daily milk choices include 1% white, Skim, 1% and Fat Free Flavored

# Corry Area School District

## 21 day Jr/High School Lunch Menu

1 Chicken Tenders with WG Bread Slice French Fries	2 Sweet BBQ Chicken Bowl Green Beans	3 Hot Turkey & Cheese on Hoagie Bun Sliced carrots Assorted Pudding	4 Popcorn Chicken Bowl Corn	5 BBQ Pork on Bun Baked Beans	6 Breaded Fish Square On Bun Tator Tots	7 Buffalo Chicken Pizza Broccoli
8 Mini Corn Dogs w/ WG Bread Slice Refried Beans	9 CYOB Zen Bowl Sliced Carrots	10 Roast Turkey Slices With Gravy WG Dinner Roll Whipped potatoes Apple Crisp	11 BBQ Rib Patty on Hoagie Bun Tossed Salad	12 CYOB Fiesta Bowl Broccoli	13 Macaroni and Cheese Bread Slice Peas	14 Buffalo Chicken Sandwich Tator Tots
15 Popcorn Chicken Bowl w/ WG Bread Slice Whipped Potatoes	16 CYOB Pasta Bowl Romaine Salad	17 Chicken Strips with dip WG Bread Slice Broccoli with Cheese Sauce Cookie	18 Smith's Hot Dog on Bun Baked Beans	19 Walking Taco's with Beef and Cheese Corn	20 Meatball Hoagie w/ cheese Mixed Vegetables	21 French Toast Sticks with Sausage Hash Brown Potatoes

Additional items offered daily may include: Chicken patty on a bun , Cheeseburger /Hamburger on a Bun, assorted deli sandwiches, Chef salad w/ roll, Peanut Butter & Jelly Sandwich, Hummus, Yogurt Parfait, Pizza Buffet, Chicken Nuggets w/ Bread, Panini's, Create Your Own Bowls, Specialty Salads with Roll.  
Additional assorted fresh and canned fruits offered daily. **Students may take 2 servings of Fruit**  
Carrots, celery, romaine salads, bean salad and other fresh, assorted vegetables offered daily-- **students may take 2 servings of vegetables.**

**Daily milk choices include 1% White,  
Skim 1% and Fat Free Flavored**